

Growing Up in Scarborough

A summary of the Growing Up in North Yorkshire survey 2018

These results are the compilation of data collected from children and young people in the vast majority of schools in North Yorkshire during Summer 2018. This survey was commissioned by the North Yorkshire Children's Trust to collect reliable information about young people's learning and well-being. This is the seventh such survey completed in North Yorkshire since 2006.

Collecting the figures

Teachers were briefed on how to collect the most reliable data and then pupils anonymously completed the questionnaire. The sample sizes are shown in the table below.

Completed questionnaires were then returned to SHEU in Exeter for processing. Some of the schools conducted the survey online. Where figures are also given in a chart, they are shown in bold.

Comparisons

Comparisons have been made between the figures from this district and from North Yorkshire as a whole. The North Yorkshire findings are given in brackets following the district figures, and a table summarising the most important significant findings is shown on page 14.

Trends

This study follows similar studies in 2016, 2014, 2012, 2010, 2008 and 2006. Where changes can be seen in the figures from the district in 2016, these are noted on page 13.

This report should be read alongside the summary report for the whole North Yorkshire data set, which includes a number of important additional pieces of analysis. The **Equalities Monitoring** analysis is appended to this report.

This report is based on the responses of over 17,000 pupils

	Scarborough				North Yorkshire			
	Year 2	Year 6	Year 8	Year 10	Year 2	Year 6	Year 8	Year 10
Males	389	381	291	248	1974	1857	1907	1664
Females	371	387	263	283	1870	1828	2009	1851
Total*	764	782	569	554	3861	3792	4025	3667

*Some pupils didn't give us their gender, so the totals may be greater than the sum of males and females.

This report is No. 6 of 7

1. Craven
2. Hambleton
3. Harrogate
4. Richmondshire
5. Ryedale
- 6. Scarborough**
7. Selby



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The Unit specialises in questionnaire surveys of children and young people for Local Authorities, voluntary agencies, charities, schools and colleges and other partnerships. SHEU is also able to undertake consultation, monitoring and evaluation exercises, and bespoke research.

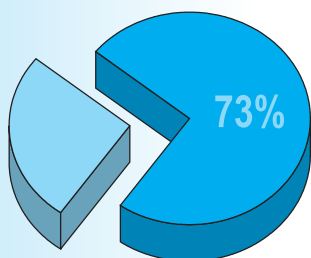


Primary school pupils in Year 2 in Scarborough (aged 6 - 7 years)

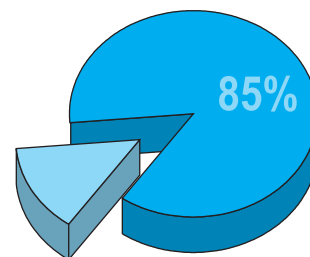
Bold type indicates use of a table or chart.

BEING HEALTHY

- When asked about what they had to eat or drink before lessons on the morning of the survey, 3% (3%) said they had nothing before lessons. 80% (83%) responded that they had a drink, and 94% (94%) said that they had something to eat.
- 27% (31%) of pupils responded that they go to a breakfast club at least 'sometimes'.
- The foods and drinks most commonly consumed on 'most days' were: fresh fruit 59% (62%); water 54% (62%); milk 48% (51%); vegetables 42% (47%); sweets or chocolate 50% (43%).
- The foods or drinks most commonly consumed 'never' were: brown bread 51% (46%); High-fibre cereals 35% (32%); fizzy drinks 19% (21%).
- 73% (74%) 'always' wash their hands after going to the toilet.**
- 75% (77%) cleaned their teeth at least twice on the day before the survey. 58% (60%) have been to a dentist in the last year.



- After school on the day before the survey, the most common activities were: playing at home 65% (61%); watching TV 74% (71%); reading 42% (45%).
- 72% (69%) of pupils responded that they have a set bedtime for nights when it's school the next day. 22% (28%) of pupils responded that someone usually reads them a bedtime story.
- 66% (51%) of pupils responded that they have a TV in their bedroom. 28% (22%) of pupils responded that they are allowed to watch TV after they have gone to bed.
- 69% (67%) use a computer/tablet or mobile device to go online/ use the Internet at home. Among this 69%, 68% (67%) say an adult always knows what they are looking at online, and 26% (27%) said they have any friends on-line that they don't know in real life.
- Of those who go online, 85% (82%) say they know how to keep themselves safe on the Internet.**
- 95% (96%) have a bike, and 70% (79%) have a bike helmet; 42% (46%) 'always' wear a bike helmet when they use their bike or scooter.



LEISURE

- We asked about leisure time activities. **The percentages of boys and girls who said they did any of the items at least 'sometimes' after school or at weekends were:**

	Boys	Girls
Bike riding, roller skating, scooter, skateboarding	83%	85%
Going for a walk	86%	92%
Running (races or tag)	82%	84%
Swimming	79%	82%
Team games, like football or netball	73%	41%
Tennis	36%	26%
Judo, Karate, Tae kwon do etc.	33%	18%
Horse riding	19%	36%
Dancing/ gymnastics	29%	72%

SAFETY

- When asked about sun safety, the **percentages of pupils responding that they do the following 'sometimes' or**

	Boys	Girls
Wear a hat	84% (86%)	79% (87%)
Wear long sleeves	45% (42%)	45% (38%)
Put on sun cream	84% (88%)	95% (96%)
Stay in the shade	62% (70%)	73% (83%)

'always' were:

- Overall, 68% (74%) of pupils responded that they 'always' use at least one of the prevention methods listed to avoid getting sunburnt.
- 73% (71%) 'always' feel safe at school. 52% (50%) always feel happy at school.
- 39% (40%) ever feel scared to be at school because of other children at least

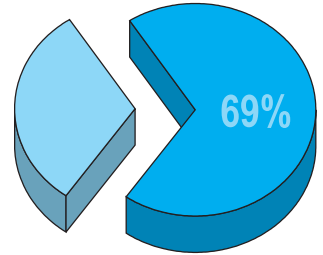
Primary school pupils in Year 2 (aged 6 - 7 years)

EMOTIONAL HEALTH AND WELLBEING

- We asked a question about worries. **The percentages of pupils who say they worry 'most days' about different issues were:**

	Boys	Girls
School-work	24% (22%)	16% (18%)
Being ill	29% (28%)	32% (30%)
Friendships	30% (26%)	29% (28%)
Family	37% (37%)	41% (38%)
The way you look	23% (21%)	30% (25%)

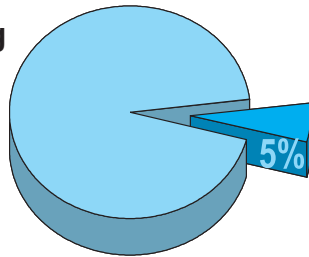
- When asked who they would turn to for support when upset or worried about the issues listed above, **adults at home** were often pupils' main source of support. Pupils who were worried or upset about school were more likely to turn to teachers; those worried about friendships would turn to friends.
- **69% (67%) of pupils responded that they worry about at least one issue 'most days'.**



Primary school pupils in Year 6 in Scarborough (aged 10 - 11 years)

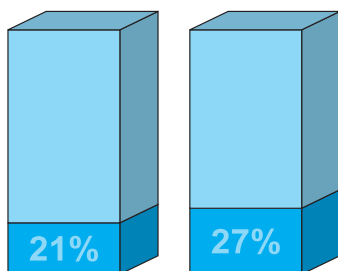
HEALTHY EATING

- **5% (5%) had nothing to eat or drink for breakfast on the day of the survey.**
- 78% (80%) of pupils responded that they had a drink before lessons on the morning of the survey.
- 86% (87%) said that they had something to eat before lessons on the morning of the survey.



Five-a-day

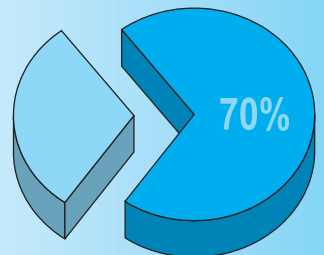
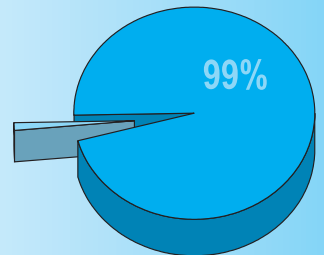
- 14% (9%) of boys and 7% (5%) of girls responded that they didn't eat any portions of fruit or vegetables on the day before the survey.



- **21% (26%) of boys and 27% (28%) of girls responded that they ate at least 5 portions of fruit or vegetables on the day before the survey.**

Drinks

- **99% (98%) of pupils responded that they can get water at school, while 1% (1%) said 'not sure'.**
- 77% (81%) of pupils responded that they drink water 'every day or most days'; 9% (6%) said the same of fizzy drinks (not low-calorie).
- 23% (22%) of pupils responded that they 'rarely or never' drink milk; 70% (72%) said the same of energy drinks.
- **70% (71%) of pupils responded that they have found school lessons about healthy eating 'quite' or 'very' useful, while 4% (4%) have found them 'not at all' useful and 6% (5%) couldn't remember having any.**

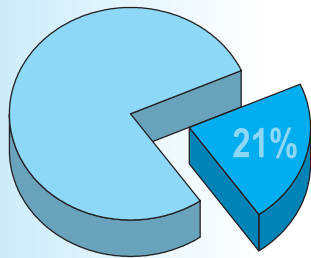


Primary school pupils in Year 6

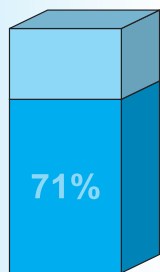
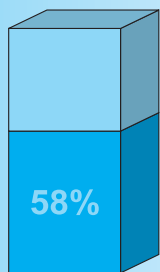
(aged 10 - 11 years)

EMOTIONAL HEALTH AND WELLBEING

- 21% (21%) of pupils said they worried about family 'quite often' or 'very often' and 18% (16%) said they worried about falling out with friends.



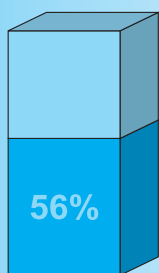
- 65% (61%) of pupils [58% of boys and 71% of girls] said they worried about at least one of the problems listed in the questionnaire 'quite' or 'very' often.



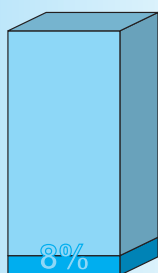
- 59% (59%) of pupils responded that they would talk to an adult at home if they were worried or upset about school, while 17% (16%) said they would talk to a teacher or other adult at school.

- 48% (48%) of pupils responded that they talk to someone when they have a problem or are feeling stressed.

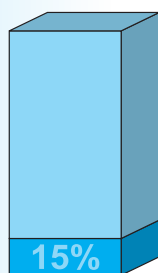
- 56% (53%) of pupils responded that they have found school lessons about feelings/ emotional health and wellbeing 'quite' or 'very' useful, while 8% (8%) have found them 'not useful' and 15% (14%) couldn't remember any.



Useful



Not useful

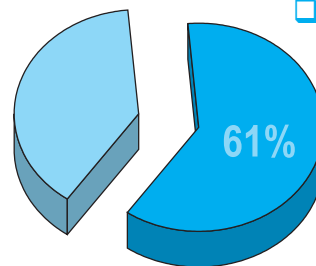
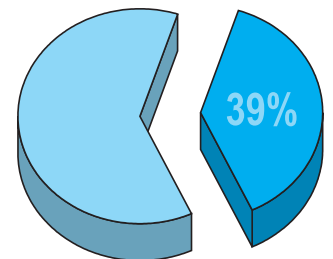


Can't remember

Resilience

- 73% (74%) of pupils responded that if at first they don't succeed, they 'usually' or 'always' keep on trying until they do, while 51% (49%) said they ask for help.

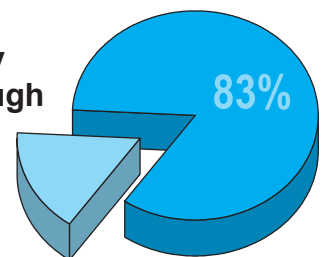
- We calculated an overall measure of resilience from a group of related items. 18% (18%) of pupils had a low measure of resilience (0 – 19), while 39% (37%) of pupils had a high measure of resilience (26+).



- 61% (59%) of pupils responded that when something goes wrong they 'usually' or 'always' learn from the experience for next time.

Puberty and growing up

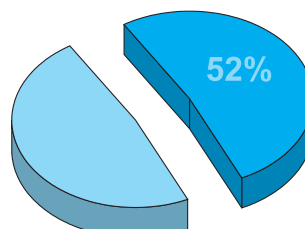
- 83% (83%) of pupils responded that they feel they know enough about how their body changes as they get older, while 4% (3%) feel they don't know enough.



- 28% (31%) of pupils responded that they feel 'happy' about growing up and body changes, while 3% (4%) of pupils responded that they feel 'unhappy' about growing up and body changes.

- 15% (14%) of boys and 27% (27%) of girls reported that they worry at least 'quite often' about the way they look.

- 52% (47%) of pupils responded that they have found school lessons about growing up and body changes 'quite' or 'very' useful.



DRUGS, ALCOHOL AND TOBACCO

Drugs

- 10% (11%) of pupils responded that they are 'fairly sure' or 'certain' they know someone who uses drugs in the area where they live.
- 50% (48%) of pupils responded that they have found school lessons about medicines and drugs 'quite' or 'very' useful,

while 11% (9%) have found them 'not useful' and 23% (25%) couldn't remember any.

Alcohol

- 71% (75%) of pupils reported that they never drink alcohol and 24% (20%) drink only with their parents' knowledge.
- 4% (4%) of boys and 2% (2%) of girls said they had at least one alcoholic drink (more than just a sip) in the week before the survey.

- 47% (45%) of pupils responded that they have found school lessons about alcohol 'quite' or 'very' useful.

Tobacco

- 3% (2%) of pupils responded that they have smoked in the past or smoke now.
- 0% (0%) of pupils responded that they smoked at least one cigarette in the 7 days before the survey.
- 47% (46%) of pupils responded that they have found school lessons about smoking 'quite' or 'very' useful.

PHYSICAL ACTIVITY

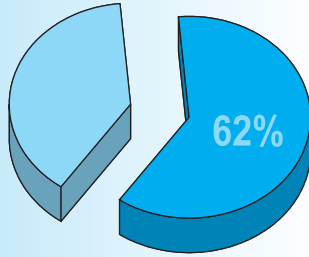
- 78% (82%) of pupils [81% (85%) of boys and 75% (80%) of girls] reported that they enjoy physical activities 'quite a lot' or 'a lot'.
- 41% (42%) said that they exercised enough to breathe harder and faster five times or more in the last week. 6% (5%) said they didn't at all while 6% (6%) said only once.
- 55% (58%) said they do 5 or more hours of physical activity in a typical week.
- 3% (3%) of pupils said that they don't do a single hour of physical activity in a typical week.
- 39% (44%) of pupils (43% (47%) of boys and 36% (43%) of girls) said that they played sports or did exercise after school on the day before the survey.

- 75% (77%) of pupils responded that they have found school lessons about physical education 'quite' or 'very' useful, while 5% (4%) found them 'not useful' and 4% (3%) couldn't remember any.

- 95% (97%) of pupils (93% (95%) of boys and 99% (98%) of girls) responded that they chat/talk during playtimes (including dinner times) at least 'sometimes'.
- 88% (90%) of pupils responded that they at least 'sometimes' play running/ skipping games/tag during school outdoor breaktimes, while 74% (75%) said they play ball games like football or netball. 31% (29%) said they read quietly at playtime.

PRIMARY HEALTH AND HYGIENE

- 62% (69%) of pupils responded that they washed their hands before lunch on the day before the survey, while 10% (10%) said they are 'not sure' if they did.

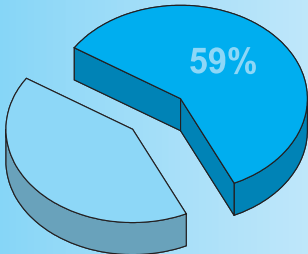


Dental health

- 86% (91%) of pupils responded that they have been to the dentist in the last year, while 11% (8%) said they last went more than a year ago and 3% (1%) have never been.

Sun safety

- 8% (7%) of pupils responded that they 'never' do anything to avoid sunburn.



- 59% (62%) of pupils responded that they 'usually' or 'whenever possible' do something to avoid sunburn.

STAYING SAFE

- 36% (33%) of pupils responded that they have had an accident in the last 12 months which was treated at a clinic or hospital.
- 90% (91%) of pupils responded that they 'always' feel safe at home and 79% (79%) said they 'always' feel safe at school.
- 24% (22%) of pupils reported that they were approached by an adult who scared/upset them. 14% (14%) said they knew this adult (i.e. not a 'stranger').

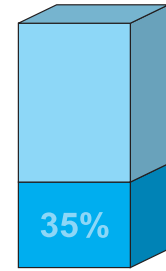
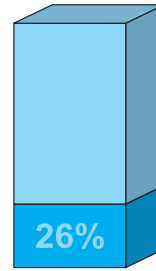
Internet safety

- 10% (10%) of pupils responded that they communicate with people they have met online and don't know in real life.
- 12% (12%) of pupils responded that they communicate with people online by posting things that lots of people can see and 22% (24%) said they communicate with people using picture/video sharing sites/apps.
- 3% (4%) of pupils responded that they have seen pictures, videos or games they found upsetting online; 82% (82%) said they have not experienced any of the things listed in Q68.

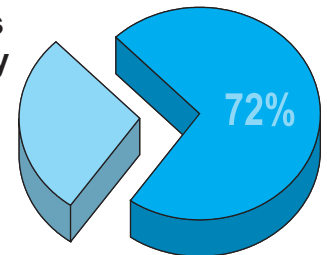
- 27% (29%) of pupils responded that they are 'never' supervised when using the internet at home, 21% (23%) of pupils said they are never supervised, but they have a filter system (parental controls) set up on the device they use.

Bullying

- 26% (21%) of boys and 35% (32%) of girls responded that they are at least 'sometimes' feel afraid of going to school because they may be bullied.

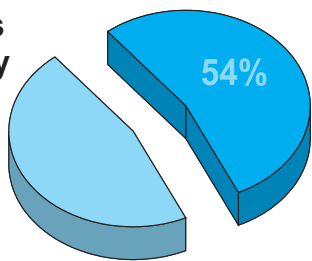


- 25% (21%) of pupils said that they were bullied at or near school in the 12 months before the survey, while 4% (3%) said that they bullied another pupil in the same period.
- 23% (23%) of pupils responded that they were teased/made fun of at least a 'few times' in the month before the survey, while 22% (21%) said they had been called nasty names and 13% (11%) said they had been called 'gay'.
- 20% (19%) of pupils responded that they were pushed/hit for no reason in the month before the survey, while 7% (6%) said they had belongings taken/broken.
- 72% (72%) of pupils responded that they think their school takes bullying seriously, while 9% (8%) think it doesn't take it seriously.
- 69% (70%) of pupils responded that their school deals with bullying 'quite' or 'very' well, while 7% (10%) said that bullying is not a problem in their school.
- 60% (59%) of pupils responded that they have found school lessons about bullying 'quite' or 'very' useful, while 14% (12%) have found them 'not useful' and 10% (10%) couldn't remember any.



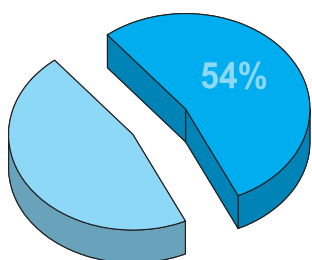
LEISURE

- 54% (56%) of pupils responded that they watched TV/DVDs/online videos after school on the evening before the survey.
- 51% (52%) played with friends or siblings on the evening before the survey. 67% (66%) of boys and 19% (19%) of girls played computer games.
- 17% (15%) of boys and 15% (19%) of girls of girls spent time doing homework on the evening before the survey.



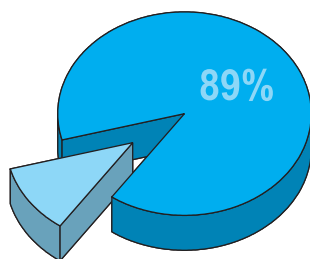
Pupils' voice

- 54% (62%) of pupils think their ideas and opinions are asked for in school.
- 22% (30%) said their views are asked for by talking to teachers and 34% (40%) said through the school/class council.
- 33% (37%) of pupils responded that they think the opinions of young people make a difference to decisions about what they learn in school.



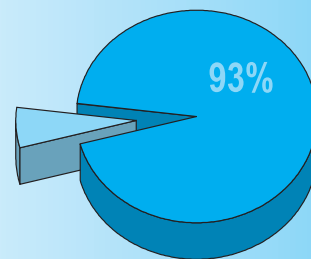
BACKGROUND

- 89% (88%) of pupils responded that they are White British.
- 59% (68%) of the pupils in this survey live with both parents together.
- 12% (8%) of pupils responded that they get free school meals or vouchers for school meals, while 9% (12%) said they are 'not sure' if they do.
- 2% (4%) of pupils have a parent or carer in the armed forces.
- 1% (2%) say their parent or carer has been away on operations in the last 12 months.
- The lifestyles of pupils from service families have been compared with those of the whole North Yorkshire primary sample on p.15-16.



SCHOOL

- 93% (92%) of pupils responded that they think it is important to go to school regularly.
- 31% (30%) responded that they 'quite' or 'very' often worry about moving on to secondary school.



Pupil Perceptions

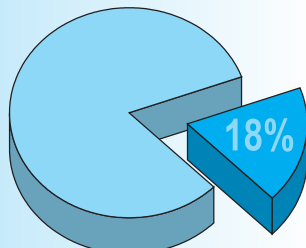
- A series of statements were offered to pupils about their school experience, in connection with the Every Child Matters outcome areas.
- The percentage of pupils responding 'yes' were:

	Boys	Girls
The school cares whether I'm happy or not	68%	72%
My work is marked so I can see how to improve it	89%	91%
Adults at school talk to me about how to improve my work	83%	84%
I know my next steps in learning and what I need to do to improve	76%	80%
My achievements in and out of school are recognised	61%	57%
The school teaches me how to deal with my feelings positively	59%	63%
The school helps me work as part of a team	77%	76%
In this school, people with different backgrounds are valued	62%	72%
The school encourages everyone to take part in decisions	73%	80%
The school encourages me to contribute to community events	58%	60%
The school prepares me for when I leave this school	83%	89%
The school encourages everyone to treat each other with respect	88%	93%
My teachers realise when I don't understand	62%	63%
The school encourages me to attempt difficult work	76%	77%
The school tells me it's OK to make mistakes	85%	89%

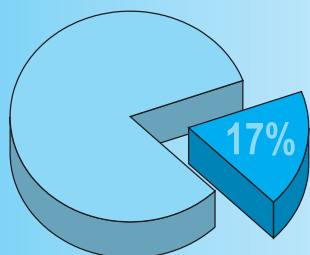
Secondary school pupils in Years 8 & 10 in Scarborough (aged 12 - 13 and 14 - 15 years)

HEALTHY EATING

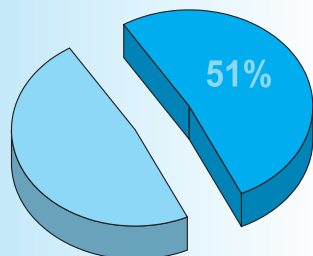
- 18% (15%) had nothing to eat or drink before lessons on the day of the survey.
- 66% (70%) of pupils had a drink before lessons on the day of the survey, 67% (72%) responded that they had something to eat.
- 5% (6%) of pupils in the survey had no lunch on the day before the survey. 83% (84%) had a drink and 88% (87%) had something to eat.
- 12% (10%) of pupils responded that they ate at least 5 snacks on the day before the survey.
- 3% (2%) of pupils responded that they drank at least 5 fizzy drinks and/or energy drinks on the day before the survey.



- 17% (20%) of pupils had at least 5 portions of fruit or vegetables the day before the survey, while 12% (9%) had none at all.



- 79% (77%) of pupils responded that they can get water at school, while 19% (21%) said 'not easily'.
- 51% (52%) of pupils found school lessons about healthy eating 'quite' or 'very' useful.



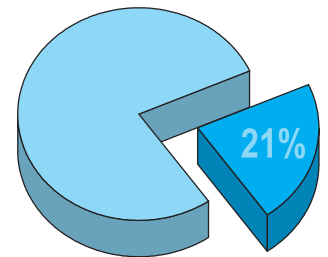
Diet

- 30% (26%) say they never worry about how much they eat; 14% (15%) say they are often or always careful with their diet.
- 35% (32%) of pupils have ever engaged in extreme dietary behaviour, like exercising a great deal or making themselves sick.

DRUGS, ALCOHOL AND TOBACCO

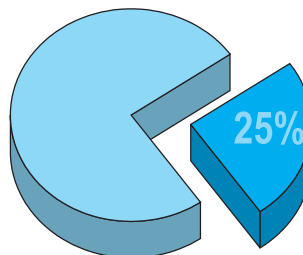
Drugs

- 21% (20%) of pupils have been offered cannabis.
- 11% (10%) of pupils responded that they have been offered other drugs (not cannabis).
- 4% (4%) of pupils said they took some form of illegal drug in the month before the survey. The most commonly taken drug in North Yorkshire was cannabis, and 11% (12%) of Year 10 pupils in this district have ever taken it. The next most common drug type was Ecstasy with 4% (4%) of Year 10 pupils ever having taken it.



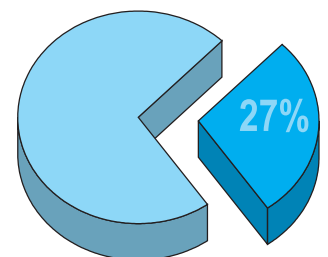
Alcohol

- 25% (24%) had at least one alcoholic drink in the week before the survey.
- 41% (44%) of pupils said that they never drink alcohol.



Tobacco

- 27% (21%) say they have tried smoking in the past or smoke now.
- 5% (4%) of pupils smoke at least 'occasionally' and smoked at least one cigarette in the week before the survey.
- 7% (6%) say they smoke 'regularly' or 'occasionally'; 33% (35%) of those who smoke 'regularly' would like to give up smoking.
- 37% (29%) of pupils responded that someone smokes in the same room that they are in at least 'once or twice a month'; 27% (19%) said they do so at least 'once or



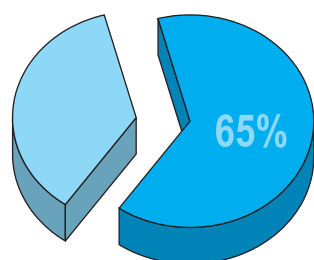
EMOTIONAL HEALTH AND WELLBEING

Worries

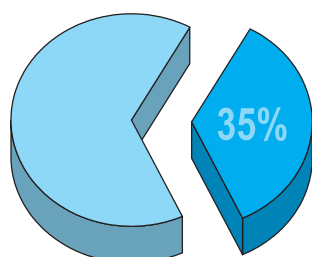
- The three most common worries were ('often' or 'all the time'):

Boys		Girls	
Exams and tests	30%	Exams and tests	48%
The way you look	17%	The way you look	43%
School-work	16%	School-work	35%

- 65% (66%) of pupils worry about at least one of the problems listed in the survey 'often' or 'all of the time'.



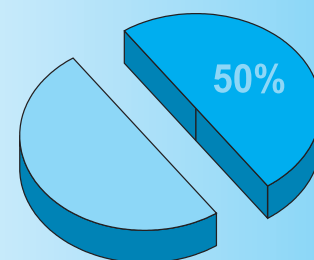
- 41% (41%) of pupils responded that if they would like more information about any of the issues in Q82, they would like to get it from their parents/carers, while 3% (4%) said they would like the information from school lessons and 7% (8%) would like to find out on the Internet.
- When they have a problem or feel stressed 43% (45%) of pupils said they would talk to someone about it and 32% (34%) of pupils said they would think about it on their own. 7% (8%) of pupils responded that they cut or hurt themselves.



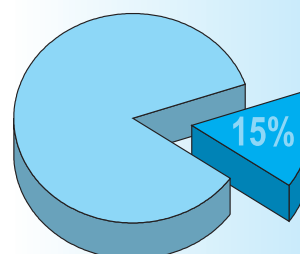
- 35% (36%) of pupils found their lessons about emotional health and wellbeing 'quite' or 'very' useful.

Resilience and Wellbeing

- 43% (47%) of pupils responded that when something goes wrong they 'usually' or 'always' learn from it for next time; 31% (28%) said they get angry or upset and feel bad for ages.
- 50% (54%) of pupils responded that if at first they don't succeed, they 'usually' or 'always' keep on trying until they do, while 42% (43%) ask for help and 18% (13%) give up.

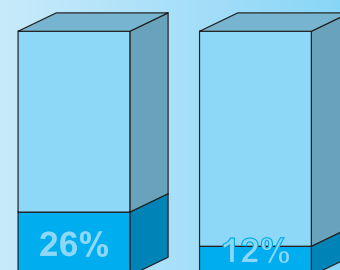


- We calculated an overall measure of resilience from a group of related items. 44% (38%) of pupils had a low measure of resilience (0 – 19).



- 15% (18%) of pupils had a high measure of resilience (26+).

- 19% (21%) of pupils (26% (27%) of boys and 12% (17%) of girls) scored a high or maximum score (28 – 35) on the Short Warwick-Edinburgh Wellbeing Scale.

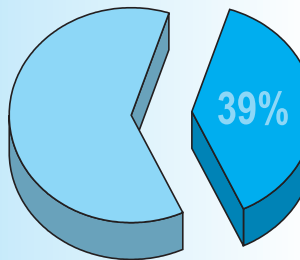


- 7% (6%) of pupils scored low (7 – 13) on the wellbeing scale.

MAKING A POSITIVE CONTRIBUTION (Pupils' Voice)

- 57% (54%) of pupils responded that they are asked for their opinions about what they learn in school; 43% (39%) said their opinions make a difference.
- 46% (46%) of pupils responded that they are asked for their opinions about how they learn in school; 44% (43%) said their opinions make a difference.
- 44% (46%) of pupils responded that they are asked for their opinions about the school environment; 44% (46%) said their opinions make a difference.
- 31% (29%) of pupils responded that they are asked for their opinions about their community; 36% (35%) said their opinions make a difference.
- 37% (45%) of pupils responded that they have had the chance to vote for School/College Council members and 25% (35%) said they have had the chance to take part in a mock general election.

SEXUAL HEALTH AND RELATIONSHIPS

- 51% (49%) believe there is a sexual health service for young people available locally. 33% (27%) of pupils responded that they know where they can get condoms free of charge.
- 39% (32%) of pupils found school lessons about sex and relationships 'quite' or 'very' useful.** 
- 40% (36%) responded that they found school lessons about healthy relationships 'quite' or 'very' useful, while 29% (24%) said the same about school lessons covering the topic of different relationships e.g. lesbian, gay, bisexual.

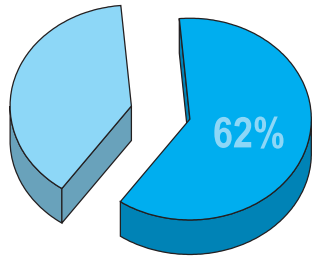
Sexual relationships: Year 10 only

- There was a series of questions that were asked only of Year 10 pupils. Firstly, they were asked about their sexual experience: 14% (11%) of Year 10 pupils have had a sexual relationship in the past and 12% (8%) report that they are currently in a sexual relationship (that is, overall 26% (19%) have had sex).
- If they have had sex, we wanted to know if they always used a method of protection or contraception: 54% (49%) said 'yes' and 11% (9%) were 'not sure'.
- The percentage of Year 10 pupils responding that they have experienced the following in a relationship with a boyfriend/girlfriend:**

Year 10	Overall
Used hurtful or threatening language to me	14% (12%)
Was angry or jealous when I wanted to spend time with friends	26% (21%)
Kept checking my phone	14% (11%)
Threatened to tell people things about me	12% (9%)
Threatened to hit me	6% (4%)

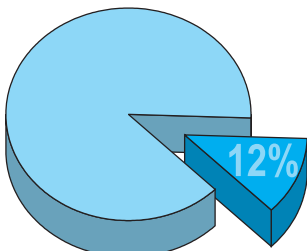
- 54% (49%) of Year 10 pupils responded that if any of the things listed happened to them, they would look after themselves without help. 57% (57%) responded that they would know where to get help.

PHYSICAL ACTIVITY

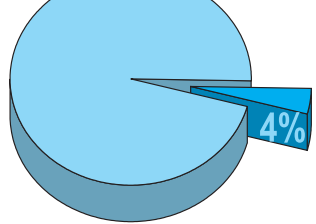
- 54% (57%) said they enjoy general physical activities 'quite a lot' or 'a lot', while 58% (63%) said the same about team sport and 47% (52%) about individual sport.
- 62% (65%) said they find it 'quite' or 'very' easy to be as physically active as they like.** 
- 46% (49%) said that they do five or more hours of physical activity in a typical week.

BACKGROUND

- 89% (88%) of pupils describe themselves as White British.
- 58% (67%) of the pupils in this survey live with both parents together.
- 11% (7%) of pupils have free school meals.

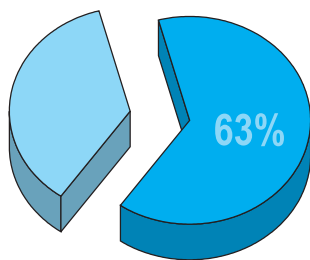
- 8% (7%) of pupils have a special educational need or learning difficulty.
- 12% (12%) of pupils have a disability or long-standing illness.** 

Service families

- 4% (5%) of pupils report they have a parent/carer who is in the armed forces.** 
- 26% (33%) of pupils from service families say they worry 'quite a lot' or 'a lot' about their family member when they are away.
- The lifestyles of pupils from service families have been compared with those of the whole North Yorkshire secondary sample on p.15-16.

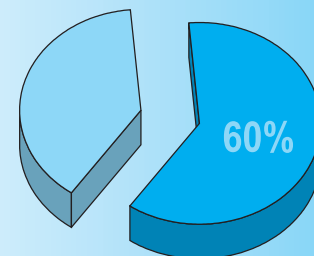
ENJOYING AND ACHIEVING

- ❑ **63% (68%) of pupils report enjoying at least half of their school lessons.**
- ❑ 33% (39%) of boys and 46% (50%) of girls said they want to continue in full-time education at the end of their course.
- ❑ 55% (48%) of boys and 44% (45%) of girls said they wanted to find a job as soon as possible.
- ❑ 43% (52%) of pupils responded that they intend to apply for University in the future, while 39% (34%) said they are 'not sure' if they do.
- ❑ 33% (22%) of pupils responded that they have had enough information and guidance about their options after Year 11, including apprenticeships, while 33% (50%) said they haven't had enough information and guidance.



Homework

- ❑ **60% (67%) of pupils did homework on the evening before the survey.** 18% (25%) reported they did more than an hour.
- ❑ The school lessons most often described 'quite' or 'very' useful (not already listed in the report) were those about drugs (51% (51%)), prejudice, discrimination and bullying (50% (51%)) and religious education (40% (43%)).



LEISURE AND WORK

- ❑ 80% (77%) responded that they had spent some time the night before the survey talking/texting on the 'phone.
- ❑ 87% (87%) watched some TV, DVD or online videos the previous night and 23% (17%) watched for over 3 hours.
- ❑ 36% (24%) of the pupils in this survey have a regular paid job.

Pupils' Perceptions

A series of statements were offered to pupils about their school experience.

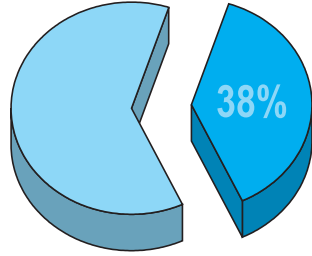
The percentage of pupils responding 'yes' were:

	Male	Female
The school cares whether I am happy or not	45% (44%)	46% (44%)
My work is marked so I can see how to improve it	77% (78%)	72% (76%)
Adults at school talk to me about how to improve my work	66% (67%)	62% (63%)
I know my next steps in learning and what I need to do to improve	53% (59%)	49% (54%)
My achievements in and out of school are recognised	36% (39%)	31% (34%)
The school teaches me to deal with my feelings positively	34% (34%)	31% (31%)
The school helps me work as part of a team	48% (50%)	51% (54%)
In this school people with different backgrounds are valued	65% (64%)	63% (67%)
The school encourages everyone to take part in decisions	58% (59%)	58% (61%)
I have chances to discuss sensitive issues in class e.g. extremism	42% (41%)	38% (39%)
The school encourages me to contribute to community events	35% (37%)	32% (34%)
The school prepares me for when I leave this school	64% (60%)	58% (55%)
The school encourages everyone to treat each other with respect	79% (81%)	77% (79%)
My teachers realise when I don't understand	38% (38%)	34% (32%)
The school encourages me to attempt difficult work	73% (74%)	67% (72%)
The school tells me it's OK to make mistakes	72% (68%)	66% (66%)
I am prepared to try something I am not used to or not so good at	63% (65%)	54% (57%)
I have the opportunity to use things I have learnt in different situations	53% (55%)	45% (49%)
Sometimes I have a choice of different ways to learn about something	46% (46%)	45% (46%)
At school, I am encouraged to try different ways to do things	51% (52%)	54% (52%)
❑ Young people who are from ethnic minorities and/or are worried about being different in culture or religion are over-represented among those who disagree that 'In this school people with different backgrounds are valued'.		

SECONDARY

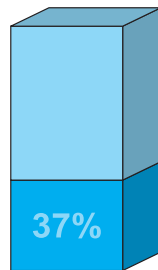
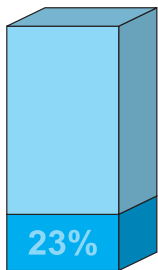
STAYING SAFE

- 38% (39%) said they were treated for an accident at a clinic or hospital in the twelve months before the survey.
- 7% (8%) of pupils report they at least 'sometimes' carry weapons for protection when going out.
- 9% (8%) reported that they were a victim of violence or aggression in the area where they live, in the twelve months before the survey.

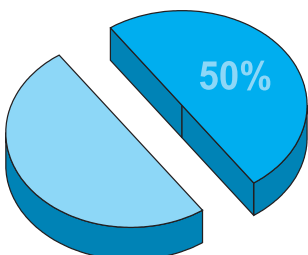


Bullying

- 22% (21%) of pupils said that they had been bullied at or near school in the last 12 months.
- 23% (27%) of pupils responded that they have been pushed/hit in the last month. Other common negative behaviours were being teased/made fun of 37% (42%), being called gay 18% (19%), and being called nasty names 32% (32%).
- 19% (23%) of pupils responded that they



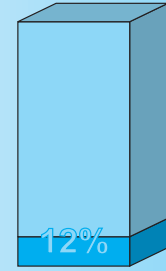
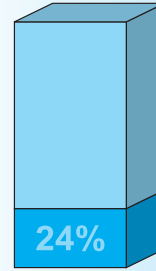
experienced negative behaviour outside at school during breaktimes in the month before the survey; 18% (18%) said they experienced such behaviour during lesson time.



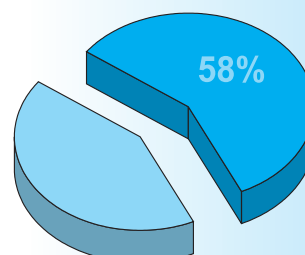
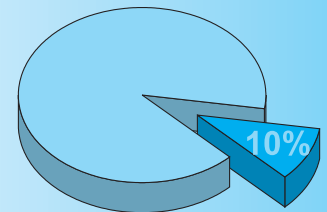
- 50% (45%) of pupils reported that they think their school deals with bullying well, or that bullying isn't a problem in their school.

Internet safety

- 92% (93%) of pupils responded that they communicate with friends and family they know in real life online.
- 19% (19%) of pupils (24% (22%) of boys and 12% (15%) of girls) responded that they communicate with people they have met online and don't know in real life.



- 35% (37%) of pupils responded that they communicate with people through online games, while 52% (56%) said they do so through picture/videos sharing sites/apps.
- 10% (9%) of pupils responded that they have seen pictures, videos or games with violence they found upsetting online.
- 15% (15%) of pupils said that they have experienced someone writing or showing things to hurt or upset them online (with text, pictures or video).
- 8% (7%) said that they have sent personal information or images to someone and afterwards wished they hadn't done or had thought more about doing so.
- 12% (10%) of pupils responded that they worry about keeping safe on the Internet, email and using mobile phones 'often' or 'all the time'.



- 58% (60%) of pupils responded that they found school lessons about keeping safe online 'quite' or 'very' useful.

Changes in Scarborough since 2016

- With a large sample and many questions, there are many significant differences to be seen. We have listed just the largest and most important of them here. For this analysis we have used only those schools which took part in the survey in 2016 and in 2018, so the figures on this page may be different to those used in the rest of the report.
- If a trend continues (or contradicts) earlier findings, this has been noted. Where trends have not been continued, there may be relief that negative developments have not continued, while positive gains have not slipped.

Changes in Scarborough since 2016 - Year 2

MORE likely in 2018...

- **who use a device at home to go online responded that they have had lessons at school about how to keep safe online.** (72% in 2016 vs. 89% in 2018)
- *have a disability or long-standing illness.* (2% in 2016 vs. 5% in 2018)

LESS likely...

- *eat fresh fruit on 'most days'.* (67% in 2016 vs. 59% in 2018)
- **at least 'sometimes' feel scared to travel to school because of other children.** (28% in 2016 vs. 21% in 2018)

Changes in Scarborough since 2016 - Year 6

MORE likely in 2018...

- **never drink alcohol.** (60% in 2016 vs. 71% in 2018)
- **do at least five hours of physical activity in a typical week.** (46% in 2016 vs. 55% in 2018)
- **exercised and had to breathe harder and faster three times or more in the week before the survey.** (68% in 2016 vs. 75% in 2018)
- **feel they know enough about how their body changes as they get older.** (78% in 2016 vs. 83% in 2018)
- **had a high measure of resilience (26+).** (32% in 2016 vs. 39% in 2018)

LESS likely...

- **communicate with people online using picture/video sharing sites/apps.** (31% in 2016 vs. 22% in 2018)
- **communicate with people online by posting things that lots of people can see.** (18% in 2016 vs. 12% in 2018)
- *feel 'happy' about growing up and body changes.* (34% in 2016 vs. 28% in 2018)

Changes in Scarborough since 2016 - Year 8/10

MORE likely in 2018...

- **didn't drink any fizzy drinks or energy drinks on the day before the survey.** (44% in 2016 vs. 49% in 2018)
- *sent personal information to someone online, then wished they hadn't or thought more about it.* (5% in 2016 vs. 8% in 2018)
- **can get water at school.** (73% in 2016 vs. 79% in 2018)
- *have been offered cannabis or other drugs by a friend.* (6% in 2016 vs. 9% in 2018)
- *had an alcoholic drink in the 7 days before the survey.* (19% in 2016 vs. 25% in 2018)
- *have been offered other drugs (not cannabis).* (7% in 2016 vs. 11% in 2018)

LESS likely...

- **responded that someone smoked cigarettes/cigars in the same car or room that they were in at least 'once or twice a month' in the past year.** (car: 18% in 2016 vs. 14% in 2018) (room: 42% in 2016 vs. 37% in 2018)
- *had a high or maximum score (28 - 35) on the SWEMWB Scale.* (24% in 2016 vs. 19% in 2018)
- **have had at least one accident or injury which was treated at a clinic or hospital in the last 12 months.** (41% in 2016 vs. 38% in 2018)
- **drank at least 5 fizzy drinks and/or energy drinks on the day before the survey.** (5% in 2016 vs. 3% in 2018)

bold = positive result, *italic* = negative result

Differences between Scarborough and the whole of North Yorkshire

This table lists the most significant differences between the pupils' responses in this district and those of pupils in North Yorkshire as a whole. There were more differences found than are listed here.

Scarborough	North Yorkshire	Year 2
68%	74%	<i>'always' use at least one of the prevention methods listed to avoid getting sunburnt.</i>
66%	51%	<i>have a TV in their bedroom.</i>
42%	47%	<i>eat vegetables on 'most days'.</i>
22%	28%	<i>responded that someone usually reads them a bedtime story.</i>
Scarborough	North Yorkshire	Year 6
9%	6%	drink fizzy drinks (not low-calorie) 'every day or most days'.
86%	91%	<i>have been to the dentist in the last year.</i>
86%	90%	<i>got at least eight hours sleep the night before the survey.</i>
62%	69%	<i>washed their hands before lunch on the day before the survey.</i>
54%	62%	<i>are asked for their ideas and opinions about what happens in their school.</i>
26%	21%	<i>didn't go to bed until 10pm or later on the day before the survey.</i>
18%	23%	<i>have a religion, faith or belief which is important to them.</i>
12%	8%	<i>get free school meals or vouchers for school meals.</i>
10%	7%	<i>didn't eat any portions of fruit or vegetables the day before .</i>
6%	4%	<i>have at least tried electronic cigarettes or 'e-cigarettes'.</i>
Scarborough	North Yorkshire	Year 8 & Year 10
33%	27%	know where they can get condoms free of charge.
33%	22%	have had enough information and guidance about their options after Year 11, including apprenticeships.
60%	67%	<i>spent time doing homework after school on day before the survey.</i>
46%	49%	<i>do five or more hours of physical activity in a typical week in and out of school.</i>
43%	52%	<i>intend to apply for University in the future.</i>
43%	51%	<i>have taken part in volunteering at some point outside of school in the last six months.</i>
37%	29%	<i>responded that someone smoked in the same room that they were in at least 'once or twice a month' in the past year.</i>
35%	39%	<i>enjoy 'most' or 'all' of their lessons at school.</i>
27%	21%	<i>have smoked in the past or smoke now.</i>
25%	19%	<i>don't enjoy individual sport at all.</i>
22%	27%	<i>have taken part in volunteering at least 'once a month' outside of school in the last six months.</i>
22%	15%	<i>live in a home where at least 2 more people live than there are actual numbers of bedrooms.</i>

□ **Bold=positive finding, italic=negative.**

Equality Monitoring in North Yorkshire 2018

Information is collected about social identities among pupils in North Yorkshire. We have done some analysis to see if the behaviours we see among young people in our county are different if they are to be found under one of the social identity headings shown in the table to the right. We show the results for Year 6/10 pupils below.

Percentages in each year from social identity groups	Year 2	Year 6	Year 8	Year 10
Ethnic minority	8	10	13	11
Minority religion (non-Christian)	NA	2	8	10
Young carer	NA	5	4	4
Children in care	<1	<1	1	1
Single-parent family	15	15	13	15
Special educational needs (SEN)	11	8	7	7
Disability or long-term illness	2	11	11	13
Free school meals	13	8	7	6
Armed forces family	7	4	4	5
Lesbian, gay or bisexual (LGB)	NA	NA	6	10
Transgender	NA	NA	<1	1

Figures in tables on this page and opposite are percentages.

	Year 6 results									
	All	Ethnic minority	Minority religion	Young Carer	Children in care	Single-parent family	Special educational needs	Disability / long-term illness	Free school meals	Armed forces family
	Sample size = 3792	341	77	171	16	571	285	394	297	149
Eat 5-a-day	27	27	31	27	20	25	24	27	*19	30
Ever tried smoking	2	3	4	4	*25	*4	3	1	*5	3
Drank last week	3	1	3	4	0	3	1	4	2	3
7+ hours exercise/week	37	32	25	*25	27	*31	*25	36	*28	38
High wellbeing score	45	40	40	37	18	*35	40	44	*33	40
High resilience score	37	36	48	31	17	33	*30	36	*29	37
Low wellbeing score	5	7	9	*11	18	6	*10	*8	8	8
Low resilience score	18	21	14	23	25	*23	*27	21	*29	23
Bullied at or near school last year	21	18	16	*32	*50	*27	*28	24	*29	26
Worry about health	10	*16	*21	*16	19	*13	*17	*15	12	17
Worry about moving on to secondary school	30	32	34	*42	38	*35	*38	33	*38	37
Had accident last year	33	29	33	*43	47	36	38	*41	39	38
The school encourages everyone to treat each other with respect	91	89	88	84	77	88	87	89	90	89
I know my next steps in learning and what I need to do to improve	84	84	83	78	69	83	80	84	85	84
Pupils' views make a difference in school	83	84	89	86	82	86	82	81	84	87

***99 Statistically significant difference.** That is, the difference compared with the whole year group is more than the usual amount of variation that we would expect in a sample of this size just by chance, suggesting that this group probably is different from the year group as a whole. Large differences will not always reach statistical significance in small samples.

Shaded a significant difference was previously found in 2016

Equality Monitoring in North Yorkshire 2018

Year 10 results	All 3667	Ethnic minority	Minority religion	Young Carer	Children in care	Single-parent family	Special educational needs	Disability or long-term illness	Free school meals	Armed forces family	LGB	Transgender
		377	99	155	20	561	273	483	231	182	330	31
Sample size =												
Eat 5-a-day	18	*24	19	16	18	14	20	20	*9	18	15	24
Ever tried smoking	30	30	28	*44	*61	*39	34	30	*40	36	*37	*57
Drank last week	35	31	*22	36	47	33	38	38	32	38	40	*66
Ever offered drugs	33	37	30	*43	50	35	30	33	33	*44	*40	46
Ever taken drugs	16	19	20	18	*73	18	18	15	20	*29	18	*37
7+hours exercise/week	27	28	26	*14	29	*22	26	26	*18	26	*20	21
High wellbeing score	19	20	15	*8	22	*13	14	16	*13	22	*7	10
High resilience score	14	17	16	8	14	*10	13	11	10	14	*7	10
Low wellbeing score	8	7	12	*16	*39	*11	*17	*12	*15	13	*21	*28
Low resilience score	44	42	42	*60	50	*52	*55	*51	*56	49	*64	66
Bullied at or near school last year	19	22	20	*35	16	20	*34	*26	*28	*28	*36	*41
Worry about money	18	*23	26	*27	35	*27	22	*23	*28	22	*30	31
Worry about being different	7	*21	*30	*15	12	*10	9	*10	*15	11	*35	*38
Sexually active	19	21	21	*28	*53	22	20	22	22	*32	*27	*46
Know where to get free condoms	39	38	36	46	56	42	40	*45	46	46	40	59
Had accident last year	38	37	35	*52	47	36	*48	*46	45	*54	43	*64
Enjoy at least half of school lessons	66	68	61	64	50	62	*55	62	*55	60	59	43
Intend FTE after Y11	51	*58	64	47	47	49	*38	54	44	*40	52	40
Term-time job	35	*28	*22	41	32	33	35	34	32	34	35	47
The school encourages everyone to treat each other with respect	75	74	69	64	70	72	65	73	69	*60	*64	57
Adults at school talk to me about how to improve my work	63	61	54	56	55	61	58	58	58	54	58	42
I know my next steps in learning and what I need to do to improve	53	53	45	45	35	50	*42	49	53	48	*41	35
Pupils' views make a difference in school	51	52	51	42	53	50	47	47	52	52	46	52

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